

Orthopaedics MOSC Exam Content Outline and References List

MOSC Exam Content Outline

1 Knowledge Areas	15
A. Human Anatomy and Physiology	
B. Movement Science	
C. Pathology/Pathophysiology/Pain Science	
D. Medical/Surgical Interventions	
E. Orthopaedic Physical Therapy and Practice	
2 Professional Roles and Responsibilities	15
A. Consultation and Education	
B. Critical Inquiry for Evidence-Based Practice	
C. Administration	
3 Patient/Client Management	70
	100

For additional details on these exam content domains, review chapter 2 of your provided **Description of Specialty Practice**.

Resource and Reference Access Tips When Preparing for and Taking the MOSC Exam

Test-takers have multiple resources available to them for studying:

- “[Bookshelf](#),” a collection of online government reports and books, is accessible via [PubMed](#) (resource freely accessible).
- PubMed Central, known as [PMC](#), contains 9.2 million full text articles (resource freely accessible).
- APTA members have additional access to scientific literature via [APTA Article Search](#) databases and [Rehabilitation Reference Center](#) (RRC). APTA Article Search includes access to more than 5,000 journals in full text, plus more than 9 million health care articles through our discovery service. RRC contains 800+ clinical summaries about health conditions that physical therapists see regularly in the clinic, plus a small collection of reference books; take the short 5-minute RRC [tutorial](#) to learn more. Questions? Message articlesearch@apta.org.

Suggested Reference list for MOSC Exam

The following list was developed by the members of the Orthopaedic Specialty Council as a guide to suggested references/resources to prepare for the MOSC exam. These resources were identified to provide an example of resources offering the most up-to-date and evidenced-based practice while also being widely used in orthopaedic physical therapy practice.

- [Journal of Orthopedic & Sports Physical Therapy](#)
- [American Journal of Sports Medicine](#)
- [International Journal of Sports Physical Therapy](#)
- [Orthopaedic Journal of Sports Medicine](#)

- [British Journal of Sports Medicine](#)
- [Medicine and Science in Sports and Exercise](#)
- [Journal of Physiotherapy](#)
- [Sports Medicine](#)
- [Physical Therapy and Rehabilitation Journal](#)
- [Medicine and Science in Sports and Exercise](#)
- [Physical Therapy in Sport](#)
- [Sports Health](#)
- [Strength and Conditioning Journal](#)
- [Current Concepts of Physical Therapy, 5th Edition](#)
- [Clinical Practice Guidelines](#)