

Sports MOSC Exam Content Outline and References List

MOSC Exam Content Outline

1 Knowledge	20
A. Anatomy and Physiology, Normal Movement Science, Clinical Science	
B. Medical and Surgical Conditions	
C. Sports Science and Wellness	
D. Scope of Practice, Principles of Teaching and Learning	
2 Professional Roles and Responsibilities	5
A. Consultation and Education	
B. Critical Inquiry for Evidence-Based Practice	
C. Administration	
3 Patient/Client Management	75
A. Patient and Client Assessment	
1. Clinical Examination and Evaluation	
2. Diagnosis and Prognosis	
B. Patient and Client Clinical Intervention	
1. Rehabilitation and Return to Activity	
2. Injury Prevention and Epidemiology	
3. Emergency Management and Athlete Safety	
4. Sports Performance and Enhancement	
5. Nutrition, Fluids, Supplements, Ergogenic Aids, and Drugs	
6. Non-Emergency Conditions	
C. Patient Outcomes	
	100

For additional details on these exam content domains, review chapter 2 of your provided **Description of Specialty Practice**.

Resource and Reference Access Tips When Preparing for and Taking the MOSC Exam

Test-takers have multiple resources available to them for studying:

- “[Bookshelf](#),” a collection of online government reports and books, is accessible via [PubMed](#) (resource freely accessible).
- PubMed Central, known as [PMC](#), contains 9.2 million full text articles (resource freely accessible).
- APTA members have additional access to scientific literature via [APTA Article Search](#) databases and [Rehabilitation Reference Center](#) (RRC). APTA Article Search includes access to more than 5,000 journals in full text, plus more than 9 million health care articles through our discovery service. RRC contains 800+ clinical summaries about health conditions that physical therapists see regularly in the clinic, plus a small collection of reference books; take the short 5-minute RRC [tutorial](#) to learn more. Questions? Message articlesearch@apta.org.

Suggested Reference list for MOSC Exam

The following list was developed by the members of the Sports Specialty Council as a guide to suggested references/resources to prepare for the MOSC exam. These resources were identified to provide an example of

resources offering the most up-to-date and evidenced-based practice while also being widely used in sports physical therapy practice.

- [Journal of Orthopedic and Sports Physical Therapy](#)
- [International Journal of Sports Physical Therapy](#)
- [American Journal of Sports Medicine](#)
- [International Journal of Sports Medicine](#)
- [Journal of Athletic Training](#)
- [British Journal of Sports Medicine](#)
- [Medicine and Science in Sports and Exercise](#)
- [Clinics in Sports Medicine](#)

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